

WEEK 1

Monday **Tuesday** **Wednesday** **Thursday** **Friday**

15 APRIL, 7 MAY, 3 JUNE, 24 JUNE, 15 JULY, 2 SEPTEMBER, 23 SEPTEMBER, 14 OCTOBER

MAIN MEAL 1	Pork Sausages with Gravy	Herb Crusted Chicken with Spaghetti Marinara (New) Marinara is a tomato-based sauce	Roast Beef with Gravy	Favourite Quorn Hot Dog (v)	Battered Fish Fillet
MAIN MEAL 2	Cheese & Tomato Quiche (v) Cheese and egg flan topped with tomato	Mild Sweet Potato & Chickpea Curry (Ve)	Mince Slice (Ve) (New) Mince and gravy in puff pastry	Cheesy Spring Vegetable Bake (v) Spring vegetables in a creamy sauce topped with potatoes and cheese	Classic Cheese & Tomato Pizza (v)
SIDE DISH	Pasta or Potato Wedges (Ve)	Brown & White Rice (Ve)	Roast Potatoes (Ve) or Wholemeal Pasta (Ve)	Diced Potatoes (Ve) or Garlic Bread (Ve)	Potato Wedges (Ve) or Tricolour Pasta (Ve)
COLD OPTION	Tuna Roll	Cheese Spread Roll (v)	Ham Sandwich	Cheese Baguette (v)	Egg Roll (v)
EXTRA OPTION	Jacket Potato (Various Toppings)	Jacket Potato (Various Toppings)	Jacket Potato (Various Toppings)	Jacket Potato (Various Toppings)	Jacket Potato (Various Toppings)

WEEK 2

22 APRIL, 13 MAY, 10 JUNE, 1 JULY, 22 JULY, 9 SEPTEMBER, 30 SEPTEMBER, 21 OCTOBER

MAIN MEAL 1	Tex Mex Quorn Fajita (v) Quorn pieces and sweet peppers with fajita seasoning in a wrap	Chicken Pie	Roast Chicken with Sage & Onion Stuffing & Gravy	Beef Burger in a Bun	Salmon Fishcake
MAIN MEAL 2	Creamy Macaroni Cheese (v)	Moroccan Tagine (Ve) (New) Sweet vegetables and chickpeas in a mildly spices sauce	Plant Balls with Gravy (Ve) Vegan meatballs served with gravy	Roasted Summer Veg Pasta (Ve) Peppers, courgettes and butter beans in a tomato sauce with fresh basil and pasta	Classic Cheese & Tomato Pizza (v)
SIDE DISH	Rice (Ve) or Tomato Bread (v)	Diced Potatoes (Ve) or Couscous (Ve)	Roast Potatoes (Ve) or Brown & White Rice (Ve)	Potato Wedges (Ve) or Herby Bread (Ve)	Oven Chips (Ve) or Tricolour Pasta (Ve)
COLD OPTION	Cheese Baguette (v)	Ham Sandwich	Tuna Roll	Cheese Spread Sandwich (v)	Egg Roll (v)
EXTRA OPTION	Jacket Potato (Various Toppings)	Jacket Potato (Various Toppings)	Jacket Potato (Various Toppings)	Jacket Potato (Various Toppings)	Jacket Potato (Various Toppings)

WEEK 3

29 APRIL, 20 MAY, 17 JUNE, 8 JULY, 16 SEPTEMBER, 7 OCTOBER

MAIN MEAL 1	Chicken Curry (New) A mildly spiced tomato-based curry sauce	Quorn Burger in a Bun (v)	Turkey Roast with Sage & Onion Stuffing & Gravy (New)	Beef Lasagne	Fish Fillet Fingers
MAIN MEAL 2	Homemade Sausage Roll (Ve) (New) Puff pastry filled with sage and onion seasoned beans	Rich Tomato Bolognese (Ve)	Roast Quorn Fillet with Sage & Onion Stuffing & Gravy (v)	Chipolata Sausages with Gravy (Ve)	Classic Cheese & Tomato Pizza (v)
SIDE DISH	Rice (Ve) or Diced Potatoes (Ve)	Potato Wedges (Ve) or Spaghetti (Ve)	Roast Potatoes (Ve) or Wholemeal Pasta (Ve)	Herby Bread (Ve) or Diced Potatoes (Ve)	Oven Chips (Ve) or Tricolour Pasta (Ve)
COLD OPTION	Cheese Spread Sandwich (v)	Cheese Baguette (v)	Tuna Roll	Ham Sandwich	Egg Roll (v)
EXTRA OPTION	Jacket Potato (Various Toppings)	Jacket Potato (Various Toppings)	Jacket Potato (Various Toppings)	Jacket Potato (Various Toppings)	Jacket Potato (Various Toppings)

Seasonal vegetables and a variety of salads are served daily. **V = Vegetarian** **Ve = Vegan**



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